

## MUNDIJONG PRIMARY SCHOOL

An Independent Public School

Newsletter

Thursday
21 March
2024

Issue 2

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## PRINCIPAL'S NEWS

Dear Parents, Caregivers and Students,

What a whirlwind Term it has been. We have welcomed 20 new students and their families and six new staff to our school. The 9-weeks has flown by. Thank you to the families that completed the School Culture Survey sent out a few weeks ago. We had 49 families respond. We will use this information to help guide us with the new 3-year Business Plan that we are currently developing. Parents/carers who completed the survey are eligible to go into the draw to use my carpark for drop-offs and pick-ups next week. Please let staff know if you would like to go into this draw.



On Monday our Faction Captains and Student Councillors attended the GRIP Conference at the Perth Convention Centre. This was a wonderful opportunity to fine-tune their understanding of leadership and develop a plan of how to be a great leader in our school.



## A Adaptive of the Control of the Con

## **Harmony Day**

We are celebrating Harmony Day on Friday 22 March. This year the theme is 'Everyone Belongs', which promotes embracing our cultural diversity.

On Friday students are invited to wear free dress. We encourage everyone to wear clothes representing their culture or something orange. There is no cost for free dress. Our students will be participating in several activities that promote cultural inclusion throughout the day.

### **PBS**

This week our focus is:

## 'We are inclusive.'

Our staff are working with the students to develop their understanding of what 'being inclusive' means and what they can do to make everyone feel that they belong at MPS. This ties in nicely with Harmony Day.









I'm sure that most of you have heard that we are continuing to adopt The Resilience Project at MPS. The Resilience Project is a social and emotional wellbeing program that explicitly teaches the children about gratitude, empathy and mindfulness and how daily practises of these can positively affect their mental health and wellbeing. Every year we survey our students with the Resilient Youth Survey and the results are staggering. It draws our attention to the mental health of our school community. The survey conducted last year showed that 25% of our students are anxious and disengaged and 20% often feel not hopeful. The Resilience Project is an important tool that helps us to provide students with lifelong strategies for developing positive mental health practises.

We have been provided with TRP resources that parents can use to assist in building mentally healthy practises at home. The following link will take you to the first in the clips.

Seasons - The Resilience Project Parent & Carer Hub (vimeo.com)

## WA Student Assistance Payment

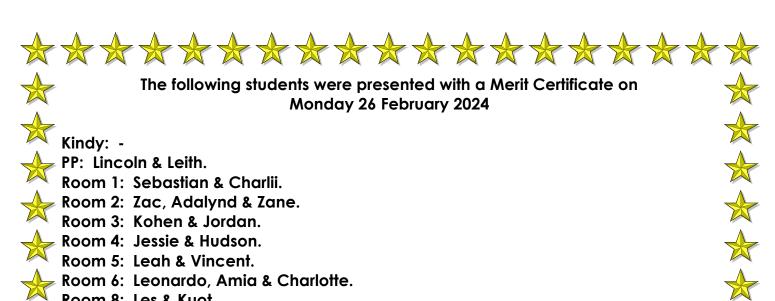
All families of WA school children are eligible to claim a one-off payment of \$150 per Primary aged student and \$250 for every Secondary aged student. To claim your assistance package, you will need to go through the Service WA app, provide your child's Student Number and 100 points of Proof of ID. Your child's student number is located on their school reports. The Service App will be open from 14 April, 2024.

## Please see attached flyers for more information.

As this is the last newsletter for the term, I'd like to take the opportunity to thank you for your support and wish you a happy and safe Easter.

Mr Luke Bradley Principal.





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Room 8: Les & Kuot.
Room 9: Carter, Luke & Casey.



The following students were presented with a All Stars Certificate on Monday 26 February 2024

Kindy: -

PP: Kobie, Lincoln, Ella, Hudson, Payton, Tom, Charlie I, Charlie M, Nate, Skylar, Lulu & Leith.

Room 1: Indi-Rae, Noah, Sebastian, Chevi, Jake, Louis, Islah, Kruze, Matteo, Savannah, Amelia, Grace, Chase, Cohen, Milla & Charlii.

Room 2: -

Room 3: -

Room 4: Lueth, Dylan, Levi, Avneet, Rhyda, Jett, Will, Jessie, Faith, Judson, Samuel, Collin, Lacey, Braxton, Ava, Leah, Thomas, Kaine & Poem.

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Room 5: Emma, Holli, Alina, Charlie & Eleah.

Room 6: Amia, Charlotte & Ethan.

Room 8: Sierra, Connor, Bethel, Kataleya-Joy, Charlotte, Mia, Henry, Amelia,

Nyah-Rose & George.

<sub>></sub> Room 9: -

## **IMPORTANT DATES - Term 1**

Friday 22 Mar Harmony Day Celebration.

Monday 25 Mar Showcase Assembly—Rm3 2.20pm.

Thursday 28 Mar Easter Hat Parade/Raffle

Last Day of Term 1.

## STUDENTS BEGIN TERM 2 - TUESDAY 16 APRIL 2024

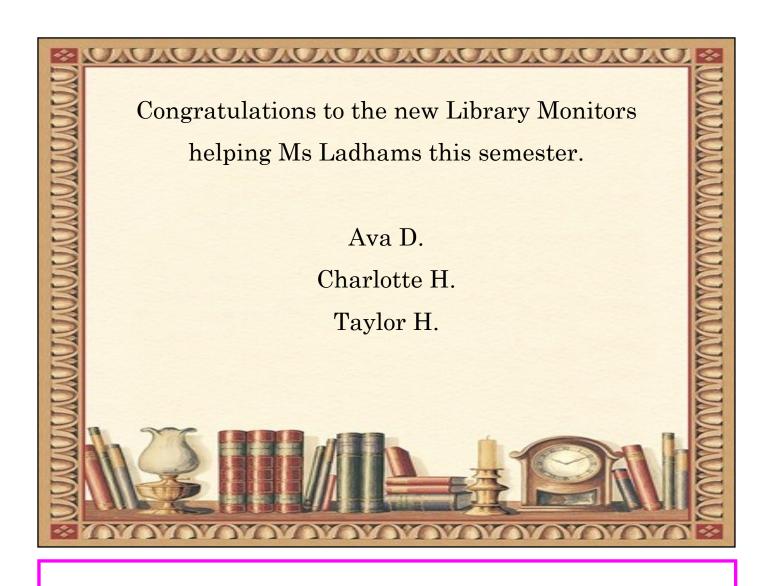
Thursday 25 April ANZAC Day - Public Holiday.

Friday 26 April ANZAC Assembly - 2.15pm.

Sunday 12 May Mothers Day.









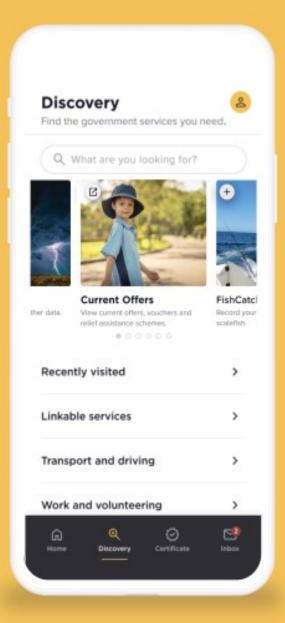
## Book Fair Dates – Term 2

Wednesday 15th & Thursday 16th May 2024 Wednesday 22nd & Thursday 23rd May 2024





## **WA Student Assistance Payment**



The ServiceWA app is the fastest and most convenient way to claim the payment.

Get ready to apply from 15 April 2024.

Download the latest version of the ServiceWA app and log in with your Digital Identity (myGovID) so you're ready to apply for the offer.



For app support, scan the QR Code or visit **WA.gov.au/servicewaapp**  For more information on the payment, including eligibility criteria, visit education.wa.edu.au/wasap



# The WA Student Assistance Payment

Helping you get the things you need for your kids.

\$150

For each Kindergarten and primary school student

\$250

For each secondary school student

To help ease cost-of-living pressures on families with school-aged children, the State Government is offering the WA Student Assistance Payment.

This payment is to help you get the things you need for your kids. From new school shoes, backpacks and sports equipment to uniforms, healthy meals, school excursions and more.

## Get ready to claim

Download the ServiceWA app to vour mobile device.

Available from the Apple App Store or Google Play Store.

Locate the student's 8-digit WA student number (WASN).

You'll find it on:

- school reports
- previous NAPLAN results
- secondary student's SmartRider

If you have trouble locating the number, contact your school for assistance.

Claims open Monday 15 April

For more information about the WA Student Assistance Payment and how to claim, go to education.wa.edu.au/wasap



## Scoliosis

Scoliosis is an abnormal sideways curvature of the spine. It can be detected by a simple examination of the back.

The normal spine has three curves – one in the neck, on in the upper back and one in the lower back. These curves can be seen from the side, but when you look from behind the spine should appear straight. If the spine has a sideways curve, this is scoliosis.

Please read through the scoliosis information provided by Raising Children Network and check your child for scoliosis as described.

If you have any concerns, please contact your General Practitioner or Community Health Nurse, Nadine Neethling/Niri Ramlukun on 0429 610 880/0418 890 811

## Undescended testes

Screening for undescended testes is recommended for boys at school entry (~4-5 years of age). Around 2-4% of boys have an undescended teste at birth. But sometimes the testes (also known as testicle) are in the scrotum at birth but is pulled up into the groin or abdomen at around 4-10 years of age. This happens because the cord that attaches the testicle to the abdomen doesn't grow at the same rate as the child.

Undescended testes don't fully sit within the scrotum. The condition isn't painful but can increase the risk of several other health issues such as decreased fertility and testicular cancer. For those boys who develop an undescended testicle later in childhood, the 'ascending' testicle often needs surgery between 5 years and 10 years.

Please read through the information about undescended testicles provided by Raising Children Network and encourage your child to check themselves as described there.

If you have any concerns, please contact your General Practitioner or Community Health Nurse, Nadine Neethling/Niri Ramlukun on 0429 610 880/0418 890 811

## Chaplain's chat



## Hello Mundijong Primary Community!

This past few weeks have flown by as I have been busy getting to know students, offer support as needed visiting classes and learning all about Mundijong PS workings. Thanks to the awesome staff and students who have made me feel welcome, connected and belong!

Appropriately, in Week 8 we celebrate Harmony Week and this year the focus is 'Everyone Belongs'. This sense of belonging is so important to every person and is one of our core needs. When thinking about harmony, I love to compare it to music: a musical



chord is made up of 3, 4 or more specific notes of played together, making a beautiful sound. I used to sing in a choir in which we would often commence the song in unison (singing the same notes and with the same words). That was sweet and sounded great, but then part way through the song we would break into harmony with at least 4 different groups – soprano, alto, tenor and bass – still all singing together, but each with different notes and sometimes different timing, cooperating together as parts of a harmonising tune. When that happened the beauty of the music was on a completely new and wonderful level that would send shivers down my back and bring awe to the listeners. Each part was important but different and that difference was needed for harmony to happen.

This is an analogy of a community. We can each contribute to the tune of cooperation, goals and outcomes in as we live and work in a community by agreeing on and sharing **same** ideas and ways. It is good and pleasant. But when we as unique and **different** people continue to contribute our part by cooperating with and valuing each other in those very varied **differences**, and by believing that each one belongs and is important, how wonderful the resulting harmony. Of course, this takes practice, so let's commit to doing this at every opportunity and encourage our kids to value others with their differences too.

Kind Regards,

Anni Chaplain Anni Crouch



Would you know what you'd do in a situation where your child's friend disclosed information about abuse? Have you ever considered what to say in the case of another child showing yours pornography?

> Often parents don't want to think about dealing with a situation like this. It's scary and they hope it won't ever happen to their child.

> > What would you do?

Are you confused about how to teach your children to be wary of potential harm, without overloading them with fear, wrapping them in cotton wool, or giving them so much information that their innocence is damaged? Would you know what tried and true steps to take in the event a situation occurred?

## Come along to this Protective Education Workshop

Protective Education is a proactive whole community approach to teaching life skills to children. It gives them the language to identify unsafe situations, arm them with tools to seek appropriate assistance or protect themselves.

Date: Wednesday 27th March 2024

5.30 pm for 7.30 pm Time:

Venue: Woodland Grove Primary School

Book now at https://www.trybooking.com/CPMJH

Two Themes of Protective Education:

"We all have the right to feel safe all of the time." "We can talk with someone about anything."

## **Protective Education Concepts:**

Theme reinforcement Safety Continuum Networks

OK to say "No" Secret Enablers

Protective interrupting Yes/Safe/Comfortable Risking on Purpose Persistence

feelings and No/Unsafe/

Cyber Safety One-step removed Uncomfortable feelings Early Warning Signs Public and Private Three Safety Questions Network review Problem-solving

There will be books and resources available for purchase at the workshop.















## EASTER HAT PARADE



9AM MARCH 28TH, 2024

Be inspired, be creative or just be silly.

Most of all, have fun making your own

Easter hat and participating in our school
parade held at 9am on Thursday the 28th

of March in the undercover Area.

Special visit from the easter bunny!







## **Mundijong Playgroup**

Mundijong Playgroup is open to parents and grandparents with children aged 0-5 years. We provide a fun and friendly environment to connect with other local families while your children play and learn. Our sessions include arts and crafts, sensory play, indoor/outdoor toys and rhyme time. Please bring a piece of fruit or healthy snack to share for morning tea.

WHEN: Monday & Friday (excl. Public Holidays)

**TIME:** 9:00am-11:00am

**LOCATION:** 12A Paterson Street Mundijong

Term: 1st child \$40, 2nd child \$25 / Casual: 1st child \$5, 2nd child \$3 PLUS \$35 Playgroup WA insurance fee (\$15 with concession card)

Please contact us to book a FREE trial or for further details <u>mundijongplaygroup@gmail.com</u>