



Mundijong Primary School

Student Health & Wellbeing Plan 2022



Business Plan Links		Target Area 4: Learning Environment	
Milestones- together we aim to:		Strategies- we will achieve this by:	
<ul style="list-style-type: none"> Continue to develop and utilise PBS (Positive Behaviour Support) as the vehicle to promote, teach and recognise positive student behaviour. Continue to build safe and supportive learning environments in all of our classrooms. Ensure that the mental health and wellbeing of our students and staff remains a high priority. Prioritise the social and emotional needs of our students. 		<ul style="list-style-type: none"> Maintaining an active PBS Committee that promotes positive behaviours within our school. Implementing strategies that monitor and promote our student and staff wellbeing through the PBS committee. Developing and implementing a whole-school plan to address the social and emotional needs of our students. Utilising increased School Psychologist time and our Chaplain to assist in addressing individual students' social and emotional needs. Implementing the Resilience Project Social Emotional Wellbeing Program. 	

Operational Plan- Students				
Outcomes	Targets	Strategies	Resources	Success Indicators
Healthy Mind <ul style="list-style-type: none"> Increase the percentage of students in the Healthy Mind Quadrant. Decrease percentage of students in the Anxious and Depressed Quadrant. 	32% to 42%	The Resilience Project Implement The Resilience Project (TRP) from K-6. Our school will have a scheduled 45-minute block where all classes will participate in TRP activities at the same time. All classes will build the Gratitude, Empathy, Mindfulness (GEM) principles into their daily routines through; community circles, promoting resilience, working through conflict and using the language in the classroom setting. Students from Pre Primary to Year 6 will purchase the Resilience Journals which will be used throughout the week. Investigate and implement using TRP for Tier 2 (10%) of students for small group intervention. Investigate and implement using TRP for Tier 1 (5%) of students for individual intervention.	The Resilience Project School Partnership Access to the Resilience Project Resources Resiliency Project Journals for students.	Students are more able to communicate their feeling to others (survey)
	43% to 33%			Students will build confidence and resilience in their ability to bounce back and solve problems.
Positive Learner Mindset <ul style="list-style-type: none"> Decrease the percentage of students in the Anxious Quadrant. Increase the percentage of students in the Ready to Learn Quadrant. 	29% to 19%			Students will feel safe and confident whilst at school
School-wide Measures	42% to 52%	PBS Continue to use PBS as the framework for building a positive culture around behaviour management at MPS.		

<ul style="list-style-type: none"> • <i>Increase in students achieving All-Stars.</i> • <i>Increase in students receiving Super-Star Bands.</i> • <i>Decrease in buddy class referrals.</i> • <i>Decrease in student detentions.</i> 		<p>PBS Committee to modify our PBS Behaviour Matrix to reflect the GEM Principles. Continue to have focus expectations that we emphasise each week/fortnight by; explicitly teaching the expectation, rewarding students demonstrating the expectation, promoting it through whole school events and through our communication channels. PBS Committee to survey staff and students to determine areas of our PBS processes that need to be refined.</p> <p>Zones of Regulation Zones of regulation will be used as an emotional and wellbeing support program for students from Kindy to Year 6. This resource will assist students with emotional regulation and emotions literacy.</p> <p>Chaplain Chaplain to implement the Rainbows Program to small groups of students that have experienced grief or loss in their family. Chaplain work one on one with students who are experiencing difficulty regulating, showing signs of anxiety and are having difficulty controlling worrying at school. Chaplain to work with students at risk to develop their network of adults and peers that they can talk to if they need to. Chaplain to work with vulnerable families for support and connection to outside agencies. Chaplain to assist in the delivery of the Protective Behaviours Program in the Junior years.</p> <p>School Psychologist (PS) PS to be funded to be at MPS 0.2 with the school paying for the increased time. PS to guide staff in trauma informed practices for students who are presenting with anxiety. PS, alongside the Principal and Deputy, to triage student cases to fast-track assessment and provide staff with strategies and resources to assist in meeting student needs.</p> <p>External Agencies Administration and PS to liaise with external agencies such as CAMHS, Headspace etc...</p> <p>Professional Development Investigate staff completing the Mental Health First Aid Course. Key staff members to receive Gatekeeper training. Investigate opportunities to engage in PL on Trauma Informed Practices.</p>	<p>Extra time for the PBS Coordinator.</p> <p>\$1000 for PBS related rewards</p> <p>School contribute \$3600 toward funding the Chaplain Budget for resources for Rainbows Program and other initiatives.</p> <p>School fund approx. \$2300 toward increased PS time</p>	
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