

Mundijong
Primary School

Year 6
Transition

Information Booklet

2017 - 2018



Moving to secondary school – checklist and tips to help prepare your child

The most important thing you can do to help your child is to be prepared. Below is a checklist of things you can do to prepare.

Be informed

- ☐ Talk with teachers at your child's primary school to find out how the school is helping Year 6 students prepare for the move to secondary school.
- ☐ Attend parent nights and information sessions at your child's school (both primary and secondary). These are good opportunities to find out what is happening, ask questions and meet other parents.
- ☐ Visit the website of your child's secondary school, have a look to see what is happening at the school and read some of the recent newsletters.
- ☐ Don't forget to read your child's school newsletter as there is often information and updates on the move to secondary school.
- ☐ Find out when your child's secondary school is holding an orientation day and make sure your child attends. If they can't attend, contact the school and arrange a tour for both of you together.
- ☐ At the secondary school orientation day your child should receive a handbook. Make sure you read it together and are both familiar with school processes and policies – such as school times, homework and uniforms.
- ☐ Find out what your child's school is doing to support students to make the move as seamless as possible and ensure your child takes part. For example, your school may be running orientation activities and camps.
- ☐ Contact your child's secondary school if your child has a medical condition, any special needs or you are concerned about something. Speak with the appropriate member of staff, for example the year coordinator, student services manager or school nurse.

Preparing for the year

- ☐ Make sure you have your child's school uniform, books, stationery and any other items well before the school year starts.
- ☐ Have travel arrangements in place and make sure your child knows the routine and what time they have to leave home. If using public transport, do a test run so they feel comfortable. If they are being picked up after school make sure they know where to meet you.





During the first weeks of school

- ☐ Ask how their day at school was and what secondary school is like – the campus, teachers, new subjects and friends.
- ☐ Talk positively with your child about school and focus on their successes.
- ☐ Reinforce strategies such as thinking positively, taking deep breaths, getting enough sleep at night and eating well.
- ☐ Listen – provide opportunities for your child to talk.



Do I need to communicate with the school?

Always keep the school advised of information that contributes to the wellbeing of your child such as:

- major commitments that impact on study time or attendance
- conditions such as allergies, ADHD, learning difficulties and mental health issues
- illness
- living arrangements such as sharing between households (extra newsletter if required), family separations, parent/carer travelling or working away
- change of address or telephone number
- major illness or situations in the family or with close friends
- court orders.

Always read the school newsletter. Keep up to date with what is coming up and, if necessary, help your child be prepared and equipped. It may help to have a timetable on the fridge. Offer to help out at the school canteen or the uniform shop if you can. Join the parents and citizens' association or school council/board and be involved in decisions that affect the education of your child.



Moving to secondary school – first day checklist for parents

You might find this checklist useful to make sure you have covered all the bases for a smooth first day:

- ☐ We have read and talked about all the information received from the school.
- ☐ My child is familiar with the layout of the school and has a map.
- ☐ My child has the correct school uniform – altered to fit if necessary.
- ☐ Transport to and from school is arranged.
- ☐ My child knows where to assemble on the first morning.
- ☐ My child knows where to meet friends.
- ☐ My child knows where to find the year coordinator and student services.
- ☐ My child has a healthy lunch and recess for the day.
- ☐ My child has the required books, file, paper, pens, etc.
- ☐ All belongings my child takes/wears to school are named.
- ☐ We have talked about how to meet new people.
- ☐ We have talked about what to do if my child gets lost.
- ☐ We have worked out a weekly timetable that includes study, sport/recreation and time with friends.

